

# **San Diego Rhythms Summer 2010 Camp Tentative Schedule**

**What to bring to camp:** all equipment, black leotard, black footless tights, toe shoes, sweater, short white socks, running shoes, water, lunch, sunscreen.

## **Daily Schedule Week 1 June 21 - 25**

9:00 Campers meet at the field outside of the Boys and Girls Club  
9:00 – 9:30 Aerobic training outside  
9:30 – 12:30 Gymnastics training  
12:30 – 1:00 Lunch  
1:00 – 2:00 Dance  
2:00 – 3:00 Ballet  
3:00 Camp ends. All campers must be picked up from the Dance Room

## **Daily Schedule Week 2 June 28 – July 2**

9:00 Campers meet at the field outside of the Boys and Girls Club  
9:00 – 9:30 Aerobic training outside  
9:30 – 12:30 Gymnastics training  
12:30 – 1:00 Lunch  
1:00 – 2:00 Gymnastics training  
2:00 – 3:00 Ballet  
3:00 Camp ends. All campers must be picked up from the Dance Room

Afternoon care is available for \$25.00/week. Contact Boys and Girls Club front desk